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CONSTRUCTION BREAK

PROST BUILDERS
Summer 2026





Jefferson City Memorial Airport's New Air Traffic Control Tower Nears Completion

Prost Builders is currently in the final stages of finishing construction on the new permanent air traffic control tower at Jefferson City's Memorial Airport in Jefferson City, MO. The old temporary tower, located across from the new structure, has experienced repeated flooding inside its base due to the airport's flood-prone location. The new 85-foot tower features a reinforced, elevated flood-proof pad, along with a chiller pad designed to cool electrical equipment via water pipes, and ADA-compliant access via a concrete ramp beside the stairs from the parking area. The control tower will be equipped with cutting-edge technology in the CAB, or Control Cab—the glass-enclosed space at the top that offers controllers a full 360-degree unobstructed view. The first floor will house a communications room, a spacious restroom, and a mechanical and electrical room. Interior walls and stairways, finished with sheetrock, are currently receiving a fresh coat of paint, while the specialized CAB equipment is scheduled to be installed by experts who will arrive after Prost Builders hands over the keys to Missouri's seventh-busiest airport.





PROST BUILDERS

M P.O. Box 1727 Jefferson City, MO 65102
P 573-635-0211 800-635-0212
www.prostbuilders.com

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Cool Trivia

1) What author penned the season-themed poems *A Winter Eden* and *Dust of Snow*?
   a. Robert Frost
   b. William P. Snowdon
   c. Lilian Winters
   d. Ice T

2) What is the world record for the most snowfall in a 24-hour period?
   a. 30 inches in Prince George, B.C.
   b. 56 inches in Waterville, Maine
   c. 76 inches in Silver Lake, Colorado
   d. 110 inches in Rimouski, Quebec

3) In *North to Alaska* (1960), Sam leaves cold Nome, Alaska and sets out for Seattle so he can bring back what to his friend George?
   a. a promising new medical treatment
   b. George's fiancé
   c. George's three grandchildren
   d. a snow cone maker

4) What color snow fell over an area of 1,500-square-kilometers in Siberia on February 2, 2007?
   a. Orange
   b. Black
   c. Pink
   d. Gold

5) At Gemsstock ski resort, a portion of Gurschen glacier was covered in foil to protect it from melting. In what European country is the resort located?
   a. Austria
   b. Switzerland
   c. Italy
   d. Germany

Answers: 1.) a 2.) c 3.) b 4.) a 5.) b

7 Colors You've Never Heard Of

1. **Falu** - Falun is a small city in Sweden renowned for its copper mining industry. Since at least the mid-16th century, many of the wooden homes, barns, outhouses, and other buildings in and around Falun have been traditionally painted a deep rust-red color known as falu. It is manufactured from the iron-rich waste materials left over from the mines.
2. **Gingerline** - Not just another word for anything ginger-colored, gingerline is often said to be a reddish-violet or reddish-brown color. However, by other accounts it describes a rich orange-yellow. According to one description, it refers very precisely to the color of ripe kumquats.
3. **Incarnadine** - Incarnadine is an etymological cousin of the adjective "incarnate," meaning "having bodily form." In this sense it literally means flesh-colored, but Shakespeare used it to mean blood-red in Macbeth, and nowadays it's usually used to refer to a rich crimson or dark-red color.
4. **Labrador** - Not the color of a Labrador dog, labrador is actually a shade of blue that takes its name from the mineral labradorite, a blueish form of feldspar.
5. **Sinoper** - Popular among Renaissance artists, sinoper or sinople was an artist's pigment containing particles of hematite, an iron-rich mineral that gave it a rich rust-red color. Its name comes from the town of Sinop on the Black Sea coast of Turkey, from where it was first imported into Europe in the late Middle Ages.
6. **Zaffre** - Zaffre is the name of an ancient blue pigment originally produced by burning ores of cobalt in a furnace. Its name was borrowed into English from the Italian zaffera in the 17th century, and is ultimately descended from the Latin word for "sapphire."
7. **Australien** - The 1897 guide *House Decoration* includes, in a chapter dedicated to mixing oil paints, "a list of new colors for ladies' dresses," among which is listed australien. Inspired by the rusty color of the rocks and deserts of the Australian outback, the name was used by dressmakers in late Victorian England for a deep orange color.

"Money can buy you a fine dog, but only love can make him wag his tail."

—Kinky Friedman

How To Manage Different Types Of Personalities

To be effective as a manager, you have to be able to guide and motivate a diverse group of people. Here's a look at a few personality-types you might encounter among your workforce and tips for getting the most from them:

- **In charge.** These employees like to make decisions and run things. You should accommodate their strengths while staying on top of your overall goals. Let employees in this category take center stage on tasks that are appropriate to their skills and experience. Feed their desire to feel important while monitoring their progress.
- **Behind-the-scenes.** These workers tend to be quiet and cautious. They may have good ideas but won't push to make them heard. Build their confidence by asking their opinions, praising their ideas when appropriate, and reinforcing positive aspects of their personality, like their desire to avoid conflict.
- **Rebellious.** These employees want to challenge the status quo. They can be difficult, but if they have the best interests of your organization at heart, they'll be worth the trouble. Don't get into arguments with them. Reinforce the positive aspects of their personality without engaging the negative. Behaviors that don't get reinforced will usually fade with time.



A Missing Cow

A big city lawyer was called in on a case between a farmer and a large railroad company. The farmer's prize cow had gone missing from his field through which the railroad passed. He filed suit against the railroad company for the value of the cow.

The railroad's attorney went to the farmer and tried to settle out of court. The lawyer was very persuasive, and the farmer finally agreed to take half of what he was asking to settle the case.

After the farmer signed the release and took the check, the young lawyer felt a little bad. He said to the farmer, "You know, I hate to tell you this, but I couldn't have won the case. The engineer was asleep and the fireman was in the caboose when the train went through your farm that morning. I didn't have one witness to put on the stand."

The old farmer nodded. "Well, I'll tell you, young fellow, I was a little worried about winning that case myself, because that darned cow came home this morning."

SPEED BUMP **Dave Coverly**



How To Keep Your Energy High Throughout Your Workday

Maintaining your energy all day can be challenge. Don't ignore physical or mental fatigue, but don't surrender to it, either. Try these tactics for recharging:



- **Move around.** Take a walk, even if it's just a quick stroll around your office. Getting your blood flowing speeds delivery of oxygen and nutrients to your body.
- **Take a deep breath.** Sit up straight to open your chest cavity and get more oxygen into your lungs. Here's an exercise: Breathe out through your mouth completely. Then inhale through your nose for four seconds. Hold it in for seven seconds, and then exhale for a count of eight seconds. Do this four times to refresh yourself.
- **Drink sufficient fluids.** Water, like air, delivers oxygen throughout your body. If you're dehydrated, you'll feel tired. Drink plenty of water or a low-calorie sports drink.
- **Eat a healthy snack.** Give yourself a pick-me-up with a healthy snack, but avoid salty or sweet snacks, as they cause dehydration and make your blood sugar crash.

What Makes Old Faithful So Faithful?

Yellowstone Park's Old Faithful geyser erupts every 90 minutes, sending water and steam high into the air to the delight of spectators. According to the *Science Magazine* website, geophysicists have identified the origin of all that water. Listening to natural vibrations (instead of relying on seismic waves produced by explosives that would damage the park's environment), the scientists discovered a region of porous rock 200 meters across and 50 meters deep slightly to the west of the geyser. The underground tank contains hundreds of millions of liters of water heated by magma, so there's no chance of Old Faithful running dry any time soon.

Get To The Root Of Your Problem

When you can't solve a seemingly impossible problem, try reframing the issue with these suggestions from Tina Seeling, author of *Inside Out: Get Ideas Out of Your Head and Into the World* (HarperOne):

- **Revise your question.** Turn the problem around by re-examining your goal. Instead of "What new product will make lots of money?" ask, "What do our customers buy and what do they avoid?" or "How can we offer more of what already works?"
- **Look for bad ideas.** You can unleash your creativity by flipping the process. Try to identify what doesn't work, what's failed in the past, or what would completely capsize any solution. You may be able to adapt a seemingly impractical solution or eliminate a factor that's holding you back.
- **Question your assumptions.** Many of us fall into the trap of assuming that the answer we're seeking will look like solutions that have always worked. Take a close look at the problem, your organization, or your industry and identify practices that have never been questioned. Ask, "Why are we doing it this way?" You'll often find a new approach by going against the conventional wisdom.





Missouri S&T Parker Hall Renovation Project

The University chose Prost Builders to perform extensive renovation work on Parker Hall which included all new electric, HVAC, paint, carpeting, cubicles for the employees, hydronic piping (runs hot and chilled water through piping that supplies fan coil units to produce the conditioned air), and LED lighting.

A starting point for new or prospective students, Parker Hall features the Visitor Center, Admissions Office, Registrar, Student Financial Assistance, Accounting and Cashier's Office, and administrative offices. The building needed these upgrades to provide energy efficiency and create an improved interior for the University staff.

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P.O. Box 1727
Jefferson City, MO 65102
www.prostbuilders.com

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Employee Spotlight: Amber Stevens, Assistant Project Manager

Amber Stevens joined Prost Builders in January 2026 as an Assistant Project Manager, bringing more than 22 years of diverse, hands-on construction experience. Her background includes construction logistics, procurement, safety oversight, and commercial project management across a variety of sectors. Amber now guides projects from preconstruction through closeout, focusing on coordination, scheduling, cost control, and keeping projects on track in full project manager capacity. Amber enjoys the problem-solving aspect of construction and collaborating with owners, design teams, subcontractors, and field personnel to turn plans into successful projects. Outside of work, Amber enjoys spending time with her husband and daughter relaxing near water at the Lake of the Ozarks or the beaches of Florida.



Amber Stevens

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